

THE SPA

AT THE SAGAMORE



SIGNATURE TREATMENTS

*Our most enjoyed treatments;
we know you will agree*

Diamond Island Radiance Facial

This ultra-luxe facial provides the most luxurious experience for those seeking a more youthful complexion. The latest anti-aging technologies and advanced ingredients help to reactivate the cellular metabolism for increased firmness, elasticity and fullness to the skin, while bioactive peptides and amino acids stimulate collagen production to reduce the appearance of wrinkles and sagging.
75 minutes \$225*

Adirondack Hot Stone Massage

Deep penetrating heat and smooth basalt stones are used to facilitate the balancing of the energy centers in the body to encourage muscle relaxation. This massage helps to soothe and heal the mind, body and soul.
75 minutes \$165*

Green Island Sugar Scrub

Escape to the islands while fresh sugar cane crystals, containing naturally occurring alpha-hydroxys, gently buff away aging skin cells and polish your skin clean. A warm coconut milk nourishes dehydrated skin and leaves the body relaxed inside and out.
50 minutes \$120*

**Gratuity of 18% will be added to each treatment.*

MASSAGE THERAPY

De-Stress Muscle Massage

This deeply restorative treatment is specifically designed for tight, stressed and aching muscles. An effective double layer of gel and oil of Rosemary, Ginger, and Black Pepper will leave your muscles eased and invigorated.
75 minutes \$165*

Couples Massage

A tranquil experience with the comfort of a friend. This customized one hour massage will help alleviate stress, improve circulation, relax and revitalize.
50 minutes \$125* per person

Deep Tissue Massage

Special massage techniques target the deeper layers of muscle tissue to release chronic muscle discomfort. Especially helpful for tight, tired muscles after strenuous workouts, hiking, or golf.
50 minutes \$125* / 75 minutes \$165*

Aromatherapy

Combining the power of pure essential oils with a specialized massage drawn from traditions of East and West, these massage sequences target the nervous system easing away stress and bringing the body and mind back into balance.
50 minutes \$125* / 75 minutes \$165*

Foot Reflexology Massage

This concentrated massage combination quickly relieves stress and tension stored in the upper body and utilizes a therapeutic and invigorating stimulation of pressure points on the feet to help promote relaxation, increase circulation and achieve balance.
50 minutes \$125*

Custom Fit Massage

Melt away tension and promote circulation with an intuitive blend of massage techniques featuring a range of light to firm pressure. This massage is customized to focus on your body's needs.
50 minutes \$120* / 75 minutes \$160*

Pregnancy Massage

Designed to give relief to the special needs of the mother-to-be. This massage provides comfort, increases circulation and aids in the relaxation during this exciting time of change.
50 minutes \$125*

Reiki Treatment

Return your mind, body and spirit to their naturally aligned state with the use of universal life-enhancing energy fields. Your therapist will utilize healing techniques to deeply relax and center your body while heightening your awareness – reducing pain and tension while bringing inner peace and emotional resolution. May wear loose, comfortable clothing. Booked by appointment only.
50 minutes \$110*

Massage Add-Ins

*Ayurvedic Scalp Massage
Reflexology
These items can be added to any massage.
Additional \$30* during Massage (no added time)*

**Gratuity of 18% will be added to each treatment.*



BODY TREATMENTS

Sunburn Rescue Wrap

*This body wrap will cool, calm and repair your skin with products rich in vitamins A, C and E. Relaxation and healing will be complete with a scalp and facial massage. 50 minutes \$120**

Rose Hydrating Cocoon

*Indulge in this nourishing and deeply moisturizing wrap. Rich creams are smoothed into freshly exfoliated skin leaving it glowing, silky, and revitalized. A relaxing scalp massage completes this unique pampering experience. 50 minutes \$120**

Sweet Maple Treat

*This unique treatment combines a moisturizing body scrub and a hydrating body wrap to help nourish dry, parched skin. Enjoy silky soft skin while further releasing tension and stress with a scalp massage. 75 minutes \$165**

Maple Sugar Scrub

*This luxurious treatment offers mild exfoliation while providing vital nutrients to soothe, hydrate and pamper your skin. 50 minutes \$120**

HEALING BATHS

Treat yourself to the time-revered pleasure of a relaxing soak. Indulge in the therapeutic benefits of herbs and essential oils. These relaxing baths will help you to relax, soothe sore muscles, detoxify or rehydrate your skin.

Choose from:

Coconut Milk

Lavendar Peppermint

De-stress

Relaxation

\$50 per bath / \$40* per bath before a treatment*

**Gratuity of 18% will be added to each treatment.*

FACIAL TREATMENTS

Sagamore Custom Facial

This specialized facial is personalized by your esthetician to address specific skin concerns, including acne, rosacea and extra-dry skin. Targeted solutions are provided to deliver the specific results depending upon your skin type.
50 minutes \$120* / 75 minutes \$160*

Gentleman's Facial

This high performance treatment addresses the specific skin needs of men. A soothing facial to ease razor irritation and maintain hydration, while protecting and restoring skin from damage caused by chronological and environmental aging.
50 minutes \$120*

Deep Cleanse Back Treatment

An effective treatment to clear spots and blemishes while hydrating, protecting and refreshing dull tired skin.
50 minutes \$115*

Rose Renew Facial

This treatment helps boost your circulation and promote cell renewal and regeneration, leaving your skin radiant, dewy and delicately scented. An ideal treatment before a special event.
50 minutes \$120*

Beyond Botox

The latest generation of technology in skin care makes this most sophisticated anti-aging treatment a perfect choice for those wishing to see significant changes in how they look, without visiting their plastic surgeon. This facial will actually help repair the skin to markedly reduce the appearance of fine lines and wrinkles, as well as age spots. Skin will be brightened to a radiant glow, looking firmer and healthier.
50 minutes \$155* / 75 minutes \$195*

Age-Repair Facial

This is a natural highly effective skincare treatment to reduce the signs of aging without using harsh chemicals. This facial hydrates, increases elasticity and diminishes fine lines, puffiness and wrinkles. Products rich in natural antioxidants help the skin repair itself and promote cell regeneration in mature skin.
75 minutes \$175*

Facial Enhancements

Glycolic Peel

Lactic Peel

Alpha Beta Peel

Enzyme Peel

Eye and Lip Treatment

Additional \$35 during Facial (no added time)*

Home care treatments have been specially formulated to prolong the benefits triggered during facials and treatments. Please talk to your therapist about your follow-up home care products.

**Gratuity of 18% will be added to each treatment.*



SALON AND SPA WAXING

Our esthetician uses the finest wax to safely remove hair while discouraging further growth. If you are using Retina A, Accutane or are pregnant, please inform our estheticians before facial waxing. Hair should be trimmed to an eighth of an inch long prior to arrival.

Facial (per area)	\$15*
Eyebrow with Arch	\$25*
Half-Leg	\$50*
Full-Leg	\$75*
Arm	\$40*
Underarm	\$30*
Back	\$55*
Chest	\$55*
Bikini	\$35*
French Bikini	\$50*

HAIR SERVICES

Hair Cut and Style

Men from \$30* / Ladies from \$45* / Child from \$15*

Shampoo and Style from \$35*

Color from \$80*

Include Hair Cut for \$10* / Express Manicure for \$20*

Highlights/Lowlights from \$100*

Include Hair Cut for \$10* / Express Manicure for \$20*

Nourishing Hair Treatment from 45 minutes \$85*

Add on a polish change for your hands during your treatment for \$20*

Special Occasion Style from \$70*

Trial \$70*/ Consultation \$35*

It is recommended to bring veil and pictures

Make-up Application \$90*

Consultation \$45*

*Gratuuity of 18% will be added to each treatment.

MANICURES AND PEDICURES

Tropical Paradise Manicure or Pedicure

Relax while your nails soak in a coconut milk bath, followed by an exfoliation using pure cane sugar infused with essential oils and enzymes. A warm body butter wrap will deliver moisture to instantly revive skin, while coconut milk proteins assist in firming and reducing the appearance of fine lines. This classic treatment will leave you with precisely shaped and beautifully polished nails. Manicure from 30 minutes \$45 / Pedicure from 50 minutes \$60**

DILO Revitalizing Hand or Foot Rescue

Soothe and revitalize tired hands or feet with Dilo oil, a traditional Fijian remedy. Start with a ritual cleansing in coconut milk and an exotic blend of nut oils, followed by an exfoliation of naturally occurring alpha hydroxyl in a pure cane sugar infused with essential oils, enzymes and coconut oil. Next, your hands or feet are soothed, moisturized and revitalized in a luxurious warm cocoon of Dilo Rescue Butter while your arms or legs are cooled and revitalized with a refreshing massage with Dilo Rescue Gel.

Hands 45 minutes \$50 / Feet 50 minutes \$60**

*Try both for 90 minutes \$100**

Gentleman's Manicure or Pedicure

Even the toughest guys need a little pampering. Relax and forget your worries as you soak in a coconut milk bath, followed by an exfoliation using a blend of coconut milk, ground drift nuts and oils. A warm body butter wrap will deliver moisture to instantly revive skin, while a massage with warm oil will leave you feeling de-stressed.

Manicure 30 minutes \$40 / Pedicure 45 minutes \$55**

Express Manicure or Pedicure

A quick shaping and polish change for those on the go. Manicure 25 minutes \$25 / Pedicure 25 minutes \$40**

Optional Nail Enhancements

*French Tip \$7**

*Mask for Hands or Feet \$10**

*Paraffin for Hands \$17**

*Paraffin for Feet \$22**

**Gratuity of 18% will be added to each treatment.*



SPA INFORMATION

For greatest availability, please book services at least 2 weeks in advance. Please note that we require 24 hours to reschedule or the full value of the services will be charged. Prices and spa hours are subject to change without notice. The Sagamore Resort and Spa does not use animal tested products. We recycle and use recycled products whenever possible so that we cannot only enhance your appearance and health, but that of our earth.

SPA HOURS

*Call for hours & appointment availability.
Group Spa Appointments available.
Please contact The Spa for details.*

518.743.6081

THE SPA

AT THE SAGAMORE

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